

# 主要报章及美国健康时报报道:



CNN Health

美国 CNN 健康时报 08-06-2013

## 磷虾油的最新科研报导

1. 磷虾油提升脑力及帮助预防“阿尔茨海默氏症”。
2. 磷虾油能帮助减轻关节发炎，僵硬及痛楚。  
\*德国科研报导降低C-反应蛋白 (CRP)
3. 磷虾油可以提升心脏功能，降低胆固醇，三酸甘油酯及改善血液循环。
4. 磷虾油对皮肤问题有帮助。
5. 磷虾油对女性舒缓经前症候群的帮助。
6. 磷虾油有一种强力抗氧化剂“虾青素”抗自由基。
7. 磷虾油的Omega-3脂肪酸是水溶性，比鱼油的吸收力多15倍。

10 BODY, MIND & SOUL StarSpecial, Tuesday 4 November 2014

## The three-in-one goodness of krill oil

Krill oil is the oil extracted from krills – small shrimp-like crustaceans that live in the clear, pristine waters of the Antarctic ocean. The word “krill” comes from the Norwegian word that means “young fry” or “baby prawns”.

Krill feeds on phytoplankton and is at the bottom of the food chain, serving as a food source for other animals in the ocean. The oil is extracted from the krill's red in colour and it therefore often referred to as the Red Krill Oil. By taking krill oil, you get three essential health nutrients the body can utilise:

### Omega-3 fatty acids (EPA and DHA)

This is clinically shown to regulate cholesterol for heart health, among many other benefits, including:  
 > Maintaining healthy cholesterol and blood sugar levels  
 > Enhancing menstrual disorders such as PMS  
 > Reducing inflammation and mood swings  
 > Reducing healthy inflammatory

> Improving joint lubrication and overall function

### Astaxanthin

This is a potent antioxidant derived from decay and ageing referred to as Red Krill Oil's colour, thanks to its Astaxanthin. Astaxanthin is a powerful anti-inflammatory property reducing DNA damage, can stress, lowering an individual's chronic diseases such as disease. Astaxanthin also is naturally fresh, protecting acids in krill oil.

### Phospholipid

This is a main component that facilitates fast absorption by the body.  
 The omega-3 of krill oil is phospholipids – fatty substances that up the membrane of each cell.

This makes the DHA in krill oil more easily and

THE STRAITS TIMES AUGUST 21 2014

## Live Healthy HEALTH ADVICE YOU CAN TRUST

### Krill vs Fish for Heart Health: Which Omega-3 Wins?



Who's Krill? Krill is the smaller of the two. It's a tiny crustacean that lives in the clear, pristine waters of the Antarctic ocean. The word “krill” comes from the Norwegian word that means “young fry” or “baby prawns”.

Who's Fish? Fish oil supplements are processed from fish fatty acids, which many people are not fond of. Not only that, sometimes you end up having fishy-smelling burps, which means it seems like you've been fishing – leaving a bad A-Kill Oil experience.

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### 产品特点:

- 水溶性 (快速被吸收)
- 无副作用
- 无腥味
- 无回流不适感
- 稳定
- 零污染
- 源自南极洋 (Omega-3更高, 更浓缩)
- 零化学添加物
- 不含任何毒素
- 不含反式脂肪
- 环保再生营养来源

### 主要功效:

- 降低胆固醇
- 平衡荷尔蒙
- 减轻经前综合症
- 预防老人痴呆症
- 延缓老化
- 帮助睡眠
- 消炎

### 谁最需要:

- 学生
- 中老年人
- 心脑血管患者
- 女性生理问题者
- 关节问题者

# 磷虾油



健康爷爷精明孙

• 虾青素 (超强抗氧化剂) — 保护细胞

• 奥美加-3 (EPA & DHA) — 抗炎, 保护心脏

• 磷脂质 (细胞的主要构成成份) — 保护大脑

预防 心脑血管

提升 IQ智商

改善风湿 关节疼痛

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源自南极洋纯净海域的超强治愈力

## 什么是磷虾?

磷虾是一种小甲壳动物，类似虾的海洋生物。南极洋磷虾(学名Euphausia Superba)可长至6厘米长，重约2克。是接近食物链最底部的关键物种，以浮游植物为食物。因此，吸收和储存环境毒素的可能性也降至最低点。

目前，它受南冰洋海洋生物资源保护委员会(CCAMLR)所管制。CCAMLR将磷虾的每年总捕捞量限制为4百万吨，以确保磷虾生态的永续性。

纯正南极洋磷虾油含丰富的Omega-3脂肪酸、磷脂质、虾青素抗氧化剂,它和其他大量生产的海洋生物油有两大区别。其一，鱼油、海豹油和鱼肝油几乎不含奥美加-3磷脂质,事实上，在制作鱼油的过程中，鱼脂肪里的Omega-3磷脂质会被去除。Omega-3磷脂质是所有生物细胞的主要构成成份。人体细胞膜的健康取决于磷脂质里Omega-3的数量，比起三甘油脂型Omega-3，磷脂质型Omega-3较不易被氧化所破坏。其二，南极洋磷虾油富含天然超强的抗氧化剂-虾青素，能保护有益人体Omega-3脂肪酸免受氧化而腐败。

临床实验证实，南极磷虾油比普通Omega-3鱼油。。。

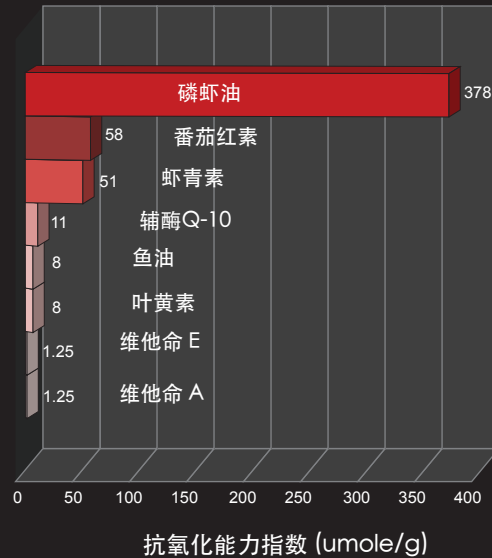
- 48 倍有效抵抗自由基
- 11 倍有效减低低密度脂蛋白胆固醇
- 9 倍有效降低三甘油脂
- 6 倍有效减少面部皱纹
- 4 倍有效舒缓经前综合症
- 3 倍有效改善大脑
- 15 倍有效被人体吸收

研究显示来自南极磷虾的天然油脂含更高密度的Omega-3.

## 抗氧化功能

1 磷虾油 = 48 粒 鱼油  
 = 300 粒 维他命 A  
 = 302 粒 维他命 E  
 = 40 粒 叶黄素  
 = 34 粒 辅酶Q10

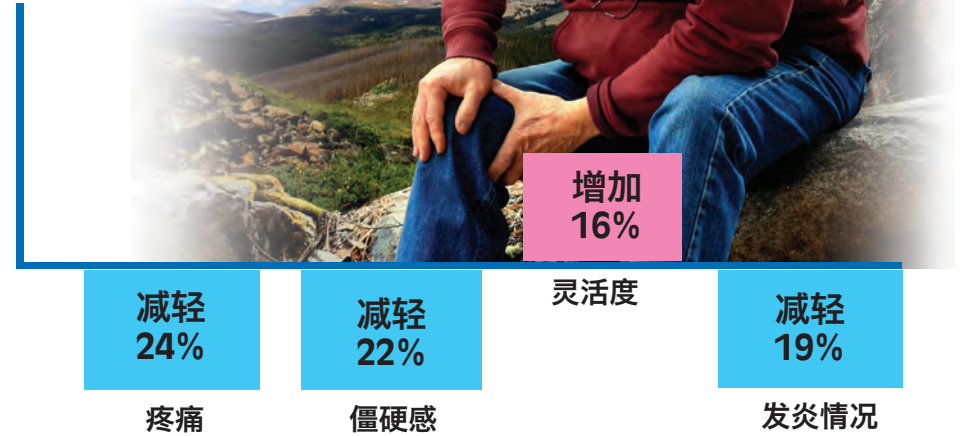
### 抗氧化指数



最新临床研究显示Krill Omega Plus能:

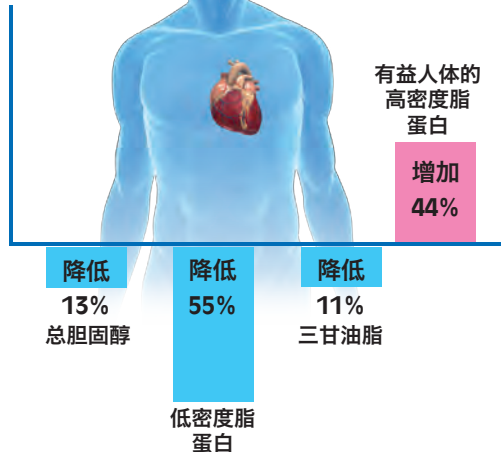
## 减轻关节疼痛

服用仅1周后:



## 降低胆固醇

服用仅12周后:



## 舒缓经前症候群

服用仅3个月后

